

Physical Education Kit (to be used for all lessons)

*Compulsory items

Polo Shirt*	
	<p>Red and black unisex or girls Redborne branded Encore Polo Shirt</p>
Shorts/Skort/Training Trousers/leggings*	
	<p>Students must wear one of the following Redborne branded items</p> <ul style="list-style-type: none"> • Black and red Redborne unisex Encore Shorts • Black Encore Redborne Leggings • Black Encore Redborne Training Trousers • Black and red Redborne Encore Skort
Extra layer	
	<p>In cold weather students may choose to wear only the following items</p> <ul style="list-style-type: none"> • Red Redborne unisex Encore PE Hoodie • Red Redborne unisex Encore Training top • Plain red or black long sleeved base layer underneath their Polo Shirt
<p><u>Trainers/Astros*</u> These must have sufficient grip for indoor and outdoor use</p> <p><u>Football boots</u> Metal studded boots and bladed studs are not permitted on the 3G football pitch</p> <p><u>Shin pads*</u> For hockey and football</p> <p><u>Gum shield</u> Recommended for hockey and rugby</p>	

Please note the following:

- All PE kit must be labelled with the students name
- All jewellery must be removed for PE lessons
- Long hair should be tied back
- Nails should be short in length
- Hoods must be worn down during the participation of physical activity
- All students are expected to participate fully in PE lessons. If the student is unable to participate physically, a letter from a parent or carer should be provided to the class teacher. **Non-participants still need to bring and wear PE kit** as they will still be involved in the lesson either by coaching, umpiring or helping with equipment.
- At the start of each lesson, students should hand in their valuables to their class teacher as leaving them in the changing rooms or taking them out to the PE lesson could result in loss or damage.