

## **SUN PROTECTION POLICY**

### **Rationale**

Skin cancer is one of the most common cancers in the UK and the number of cases is rising at an alarming rate. The good news is that the majority of these cases could be prevented. Studies have found that sunburn during childhood and adolescence can increase the risk of skin cancer later in life. The governing body recognises the responsibility of the school to ensure that students are protected from the harmful effects of the sun as much as possible during the school day.

### **Policy**

The purposes of this policy are:

- To ensure that the school provides an environment that enables staff and students to stay safe in the sun.
- To make students aware of the dangers of exposure to sun and to influence students to change the way they behave in the sun.

### **Guidelines**

1. The following guidelines are in place regarding school uniform and sun protection

- Students are permitted to wear UV protective sunglasses outside the building during sunny weather
- Sixth form students should wear tops that cover their shoulders. Vests and strappy tops are not permitted.
- Shorts are not permitted in the 6<sup>th</sup> form or lower school
- When sitting outside in the sun students are permitted to wear appropriate head wear
- The school farm provides appropriate protective clothing
- There is always a place inside the building where students may go
- Staff may wear UV protective sunglasses, suitable hats and clothing

The following guidelines relate to the use of shade

- Trees around the site provide long-term shade which students may make use of
- Whenever possible seats are located in shady areas
- Whenever possible outside organised activities make use of the shade available
- Canopies are provided around the site to provide shade

2. The following guidelines relate to the use of sunscreen

- Sunscreen should be used for covering exposed areas of skin when shade may be unavailable
- Students should select a sunscreen with an SPF of at least 15+ which is also broad spectrum to protect from UVA and UVB rays

- Sunscreen should be applied adequately and regularly, particularly at midday.
3. When shade and protective clothing are not practical eg during PE lessons and educational visits sunscreen should be used. The following guidelines are in place
    - Students are allowed to bring to school their own personal supply of sunscreen
    - Factor 15+ is recommended
    - Students are reminded to bring/use sunscreen particularly when participating in educational visits such as ski trips, Duke of Edinburgh expeditions etc.
  4. Students are made aware of the dangers of exposure UV via the sun or use of sunbeds through the Science Curriculum and the Personal Wellbeing programme.

**Monitoring, Evaluation and Review**

The policy is monitored by the Health and Safety Committee.

**Dissemination of the Policy**

This policy is available on the school website, on request to parents, the LA, and OFSTED through the Head Teacher.

**Other policies that have relevance are;**

Educational Visits and Journeys  
 Health and Safety Policy  
 School Uniform Policy  
 Personal Wellbeing Policy

Date approved by governors	June 2017
Date for review	June 2020