

REDBORNE UPPER SCHOOL  
MENU  
WEEK 2

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISHES	CHILLI CON CARNE	CHICKEN TIKKA MASALA	LASAGNE	CHICKEN & MUSHROOM PIE	CAJUN CHICKEN IN A ROLL OR FISH CAKES
VEGETARIAN MAIN	CHEESEY SWIRLS	CAULIFLOWER & BROCCOLI CHEESE	CHEESE & ONION PASTY	VEGETARIAN TOAD IN THE HOLE	MUSHROOM TAGLIATELLE
CARBS	RICE SPICY WEDGES FRESH BREAD ROLL	RICE HERBY CUBES FRESH BREAD ROLL	GARLIC BREAD SPICY WEDGES	MASHED POTATO FRESH BREAD ROLL	CRISPY CHIPS HERBY CUBES FRESH BREAD ROLL
VEGETABLES	CARROTS BAKED BEANS	ORIENTAL VEG MIX BAKED BEANS	SWEETCORN BAKED BEANS	GREEN BEANS BAKED BEANS	PEAS BAKED BEANS
DAILY CHOICE	PIZZA PASTA PRONTO	PIZZA PASTA PRONTO	PIZZA PASTA PRONTO	PIZZA PASTA PRONTO	PIZZA
CHICKEN JOES		CHICKEN PANINETTE	CHICKEN PANINETTE	HOT CHICKEN WRAPS	
DESSERTS	CUP CAKES	MANGO BREAD	RASPBERRY LOVE CAKE	CHOC/BANANA SPONGE	ECCLES CAKES
		MIXED SELECTION OF SALADS AND COLD PASTA POTS	FRESH FRUIT AND YOGHURT POTS AVAILABLE DAILY	WIDE SELECTION OF SANDWICHES AND FILLED BAGUETTES	