



What will I do after  
my exams?



**Preparing for exams and beyond....**

# Ask yourself...



## Where am I now?

- What can I do?
- What interests me?
- What are my values?

## Where do I want to be?

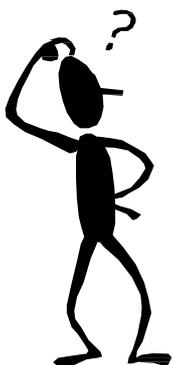
- Job/ Career
- Lifestyle
- Relationships

## How can I get from here.....to there?

Thinking about your future? It's your choice, your future. You need to keep your options open and explore the opportunities.

Use **kudos** to help you, check out the apprenticeship website and book a careers interview to take control.

Email [stkarmstrong@redborne.com](mailto:stkarmstrong@redborne.com)





# Kudos

## What is Kudos?

Kudos is an impartial online careers guidance and information program that helps young people plan their future and make informed decisions.

**Kudos** is ideal for 13-19 year olds. It can make career suggestions based on what you tell it about your interests and educational aspirations. You can then explore these suggestions or look at your own career ideas.

You can add careers and subjects to your own personal Action Plan, where you can set goals and target dates. Up-to-date and accurate detailed information is provided on over 700 different careers (covering over 1,800 job titles).

## Logging in

Kudos is designed to help you explore careers and find out more about your future options. This guide will help you to find your way around Kudos.



### TOP TIP

Make a note of your username and password so that you can log back into your Kudos session later.

Go to [www.cascaid.co.uk/kudos](http://www.cascaid.co.uk/kudos) and click on **USE**.

Go to the *Not signed up yet?* Section and enter the licence code **posteasy52**. You'll then be able to create your own username and password.

If you have a username and password, enter it in the *Know your login details?* section.

# Getting started

*My Dashboard* gives you hints and tips about what you can do in Kudos.



As you use Kudos you can get more help by looking in the orange information box or by clicking on the *Explain* links.

## My likes and dislikes

First, you need to tell Kudos which qualification levels you are aiming to achieve. Kudos will then ask you questions about your likes and dislikes.



## My Suggested Careers

These are the careers that best match the answers that you have given so far. You can compare careers by selecting up to three different careers and clicking *Compare Careers*.



# Exploring careers

Click on the name of a career to find out more about it



***About this career*** gives you lots of information. Scroll down and use the links on the right to find out about **entry routes and training, work activities** and much more.



***Suitable for you?*** tells you why the career is/isn't suited to you. Click ***Review your Likes and Dislikes*** to see which questions relate to the career.

***Subjects*** (where available) tells you the GCSE and A level subjects that you need for the career.

## TOP TIP

You can add your own notes to any careers by clicking on the ***Notes*** icon.

# Improving your career suggestions

Click *My Steps* to see *My Dashboard* and other options.



*Answer More Likes & Dislikes* – this will help to improve your match. *Change My Qualification Level* – see how aiming higher changes your suggestions.

*My Subjects* – tell Kudos about what you have studied, what you are currently studying and what you are planning to study in the future. You can also add subjects to your favourites.

*My Study & Training* – tell Kudos your plans.

*My Health* – enter any health conditions which affect you and Kudos will tell you if there are any issues with your career ideas.

*My Suggested Careers* – review your careers suggestions at any time.

*Explore My Own Career Ideas* – search for careers which haven't been suggested for you, get more information and find out why you haven't been matched to them.

*My Types of Work* – explore which types of work best match your answers.

*My Action Plan* – create your own plan to help you achieve your goals.

# Exploring your own career ideas

You can get more information on virtually any career even if it doesn't appear in *My Suggested Careers list* in the *Explore My Own Career Ideas* section.



Find a career that you want to know more about. by searching or using the A-Z.

Click on the name of a career to find out more about it and how suitable it is for you.

# Creating your action plan

Careers and subjects that you have made favourites will appear in your action plan.

Click on the arrow next to a career or subject to add an action/goal.





# What is the National Careers Service?

The National Careers Service provides information, advice and guidance to help you make decisions on learning, training and work opportunities. The service offers confidential and impartial advice. This is supported by qualified careers advisers.

## **How they can help you**

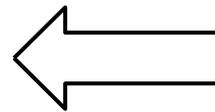
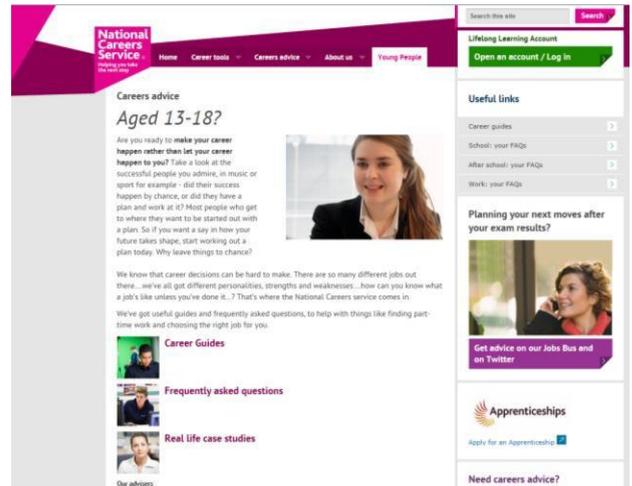
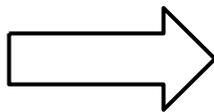
Everyone has the ability and potential to develop and grow in their lives and careers. The National Careers Service understands however that sometimes things get in the way and can hold you back.

The website aims to:

- help you with careers decisions and planning.
- support you in reviewing your skills and abilities and develop new goals.
- motivate you to implement your plan of action.
- enable you to make the best use of high quality career related tools.

# Here's what to do...

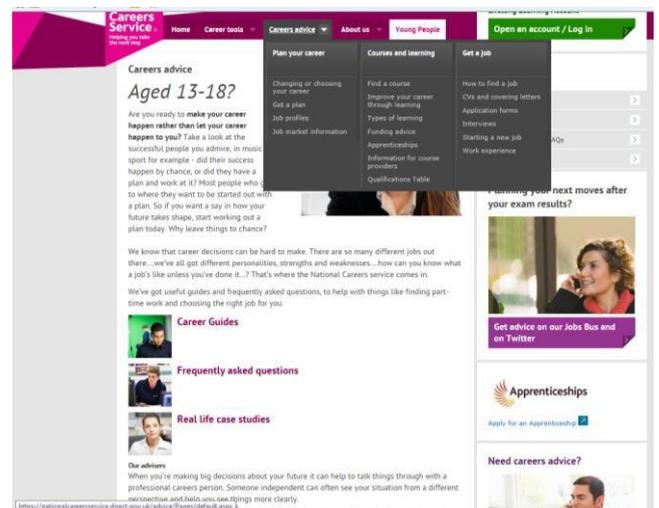
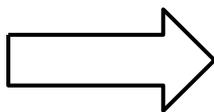
Log onto  
<https://nationalcareersservice.direct.gov.uk/youngpeople/Pages/Youngpeople.aspx> for careers information.

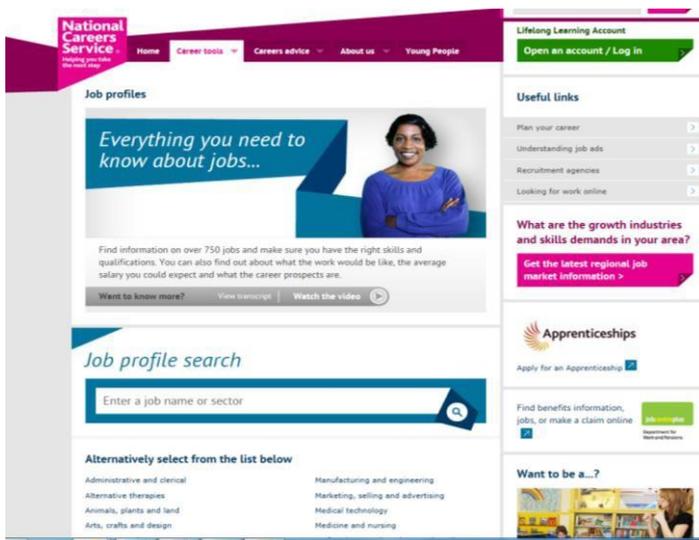


The information is geared towards you and covers

- Career guides,
- Frequently asked questions and
- Real life case studies.

You can also plan your career and access info on job profiles, writing a CV and interview skills.





You can use the job profiles to explore careers you are interested in and find out where to go for further information.

Why not book a careers interview to discuss your ideas in more detail and find out how to get to get there from where you are now?

When you're making big decisions about your future, it can help to talk things through with a professional careers person. Someone independent can often see your situation from a different perspective and help you see things more clearly.

So you don't need to make those big career decisions alone.

Why not book a careers interview today to help:

- find the best course to get you where you want to be
- explore which jobs might suit you best
- decide if an Apprenticeship might suit you
- put a great CV together
- search for jobs in the right places
- choose the right university

To book a careers interview, email [stkarmstrong@redborne.com](mailto:stkarmstrong@redborne.com) or pop into a lunch time drop in session in the library in South School.



## Your guide to applying for Apprenticeship vacancies

### What do I get out of it?

With an Apprenticeship you can earn money while you learn the skills you need to succeed. You'll get recognised qualifications, full support during training and enjoy great career prospects at the end.

### How do I progress?

An Apprenticeship not only trains you in the skills employers want, it also opens up further career and learning options. You can carry on working, do more advanced training or even go on to higher education.

### What do I need to do?

## 6 Steps to an Apprenticeship...

### 1 Go to [apprenticeships.org.uk](https://www.apprenticeships.org.uk)

Go to [apprenticeships.org.uk](https://www.apprenticeships.org.uk) then click the *search for vacancies* link in the *Apprenticeship Vacancies* box on the home page. Now you are ready to start. On this page you can start searching, or register.

## 2 Register your details

To register, click the **Register Now** link under **New User?** and fill in your details.

Then create a username and password. Remember to keep your username and password safe.

You'll receive confirmation through your registered email address. You must click on the link in the email to activate your account. This link opens a window to your **My Home** page.

## 3 Create your Home Page

**My Home Page** is your own secure space. You can use it to:

- Search for apprenticeship vacancies and save your search results.
- Log your areas of interest: e.g. business administration.
- Manage your applications.
- Set up alerts by email or SMS to inform you when a vacancy is on the system matching your criteria.

## 4 Search for your match

Search for Apprenticeships that match your interests by

- Occupation/job role
- Employer
- Keyword
- Learning provider e.g a college
- Location/postcode, e.g Bedfordshire

The search engine will find all the Apprenticeships that match your criteria.

## 5 Browse your results

You can click on any of the listed vacancies for more information. Each listing gives detailed information about the job, including the employer, training, pay and the qualifications you will be working towards.

You can save your search results, so they are easy to access at any time, or start a new search.

## 6 Manage your future

Once you've found the job you want, applying is easy. The application form is simple, secure and reusable, so you can respond to vacancies and save your application forms.

You can view the status of your applications and manage them online.



